



COACHING FOR COLLEGE e-Tip Sheet

for parents who have a student preparing for college

Send Off the College Application and Let It Go - December

Just like the countdown to our traditional holidays click by during the month of December, our senior students are trying to beat the calendar for college application deadlines. The deadline for Early Action for most colleges is past. That may or may not have been your choice, but now on to finishing Regular Admission applications. Just like words to that Christmas song, “he’s making a list and checking it twice...” seniors and parents are doing just that and implementing the list. No one wants to send in an incomplete application or overlook an application that you wanted to complete. Some college scholarships are also being offered which involves one more application, recommendation, and essay.

The month of December is about Regular Admission, wrapping up the loose ends, and sending off the college applications. December is the end of our calendar year and for most seniors, the end of the college application process. Some college applications will remain open, but most seniors want to be done with the process, enjoy the holiday break, and move forward to the final semester of high school.

To complete the final stretch of college applications requires:

- Follow Through – push yourself to finish an application and send it, you will feel an incredible sense of accomplishment and completion
- Application Accuracy – have your parent proof your online application. This is so much easier than the handwritten ones! You are a lucky generation to enjoy the ease of online applying and no trips to the post office.
- Organized Data – test scores, transcripts, letters of recommendation (Keep these in a labeled folder with the rest of your application “stuff”.)
- College Essay(s) – one or two essays will give you a lot of mileage, write from who you are and proof it. Remember, you can be Hemmingway-like and get through this.
- Time Management – schedule a block of time to focus and get it done. This process involves balance because you still have other schoolwork, activities or a job. Make efficient use of your time.
- Perseverance for senior student and parents, offer words of support, a smile, a hug
- Communicate...let your parents know what you accomplished or tell them what you need to finish an application, check in with the teacher or professional who was writing your recommendation, see your counselor
- Celebrate – whether you get one application done or several, take a break and pat yourself on the back. Go out for ice cream, take a shower, take a nap, call a friend, go for a run. The first completed application is like a pacesetter. The additional applications go a little easier as there is momentum.

Feel your teen could use a jumpstart for the college planning process? Perhaps as the parent, you realize you could use a tune-up on your career path as well or want to prepare to become an *Empty Nexter*®. Contact Beckon Call and let’s talk!

Coaching for College e-Tip Sheet© is written by Barbara Wulf. Send questions, comments, and article ideas to: Barbara.wulf@me.com or call 920-725-2930.



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So good luck as you review your list and check it twice. The next few months are about waiting, wondering, hoping, and checking the mailbox. You have done your part, now it's up to the college or university.

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